

Congratulations on making your health a priority by choosing Wild Fern Natural Health and naturopathic medicine to assist you in attaining your personal health goals. You are on your way! As licensed primary care providers in the state of Oregon, we can help your entire family address both acute and chronic health concerns with treatments such as routine, sleep, nutrition, hydrotherapy, botanicals/herbs, homeopathy, flower essences, and many other therapies. We are always delighted to co-manage healthcare with your other providers and fully support your informed choices about YOUR health care.

Initial visit - All new patients are required to establish care via an initial visit, during which your doctor will spend a significant amount of time (possibly longer than you are used to!) reviewing your personal health history. She will gather information about your current health concerns, priorities, and goals, developing a treatment plan to meet those needs. This visit will be directed toward prevention, prioritizing areas of concern, and conveying naturopathic philosophy as it pertains to your health issues and goals.

Scheduling - All scheduling happens by calling the Wild Fern Natural Health office at **(541) 708-0066**. Please schedule routine visits as early as possible to secure an appointment time that best suits your needs. If you are ill and need to be seen quickly, call the clinic early in the day to increase the chances of being fit into the day's schedule.

Apothecary or Prescription Refills - Apothecary items can be purchased during open clinic hours. Please call ahead to ensure we have the products you need or to make custom preparations. Payment can be taken over the phone and products set aside for your convenience during business hours. For pharmaceutical refill requests, your pharmacy can fax refill requests to **(541) 708-0971**. We require **at least 1 week advance notice** for refills of pharmaceuticals or custom preparations. Most apothecary products can also be ordered online 24/7 and shipped directly to your home via our Virtual Apothecary found at <http://WildFernNaturalHealth.com/apothecary>.

Contacting Your Doctor - There are Three Ways to Communicate with Your Physician:

1. **In Person** - Your scheduled office visit is the best way to get focused, thorough care.
2. **By Phone** - The office manager can help answer questions or pass along a message to your physician.
 - o Phone messages are always returned as quickly as possible.
 - o The office manager will let you know if your question requires scheduling an appointment.
3. **Urgent Pager** - Your physician can be reached by paging (541) 203-0850. This is for urgent medical concerns that occur outside of office hours and cannot wait until the next business day. There is a \$75 charge for this service.
 - o If you are experiencing a **medical emergency**, call **911** or go to the Emergency Room.

Fragrance Free Clinic - In order to be respectful of the chemical sensitivities of our patients, we ask that you refrain from applying products containing synthetic fragrance, such as lotion, perfume, cologne, etc. on days that you will be visiting our clinic.

Cell phones/Electronics - We aim to provide a serene atmosphere at the clinic. Please silence your cell phones while visiting the clinic. Please also refrain from taking calls or using laptops in the reception area. If it is necessary for you to take a call or get some work done on a computer while you are waiting, we ask that you do so outside.

FEES - Patient visits are scheduled according to the approximate time the doctor needs to address concerns, review lab results, perform procedures, etc. PHONE & SKYPE visit are also available based on the same fee schedule below. **Payment in full is required at the time of the visit. A 50% non-refundable deposit is required to establish care by scheduling a New Patient Visit.**

- New Patient Visits- New patients & patients who have not been seen in >2 yrs \$400
- Return Visits - Follow up on previous treatments, review lab results, check in on general health, and review 2-3 concerns. \$150
- Extended Return Visit - Multiple or more complicated concerns, review of 2 or more sets of lab results, or first visit in several months. \$200-\$250
- Acute Visit- Rash, URI, gastroenteritis, etc \$110-\$200
- Well Child Exams, School Physicals \$200
- Annual Physical w/ Gynecological or Prostate Exam \$200
- Blood draws \$70
- Injection-only visit (B vitamins, etc.) - Additional fee for injectable \$35
- Urgent Pager - Outside of office hours \$75
- No Show/Cancellation less than 1 business day before visit \$75

Insurance Billing - If you are covered by health insurance, we can provide a bill, containing visit and diagnostic codes, for YOU to submit to your insurance carrier for potential reimbursement. We are not able to communicate with your insurer on your behalf regarding coverage or reimbursement.

Informed consent:

I, _____, I have read and understand these Policies & Pricing at Wild Fern Natural Health and agree to these conditions. I understand that my deposit for establishing care is non-refundable. I acknowledge that I am accepting treatment from a naturopathic doctor. I understand there are intrinsic differences between care received from naturopathic doctors and medical doctors. At this time, it is my decision to pursue naturopathic treatment for any condition I have. Also, I understand that, as with any medical treatment, there is no guarantee that this treatment will offer complete resolution of any or all condition that I may have. I have read, understood and been offered a copy of the health information privacy act.

Patient

Date

APRIL 2018